

## HIGH INTENSITY TENNIS

### OUR MISSION

Our goal at Hollytree Country Club H.I.T. is to create a place for top junior players to come and train together in an atmosphere that is conducive to learning by combining intense physical training, intense competition and intense coaching.

### PROGRAM DESCRIPTION

H.I.T. will work to help each player prepare mentally and physically for competition, as well as helping them attain their own personal goals. The key element in the success for each player and the program will be the intense training arena created. Below is a detailed description for admission into each class.

•HIT is a program developed for Champ and Super Champ players and others by invitation only. Players in this class will be expected to display maximum effort and attitude at all times.

•Jr. HIT is a program developed for ZAT level players. Players in this class will be expected to play in ZAT tournaments throughout the year and aspire to be competitive tennis players.

## 2010 FALL SESSION

**August 23 - Nov. 18**

12 week program

### **HIT Program**

Mondays, Wednesdays &  
Thursdays  
5:30-7:00 p.m.

### **Jr. HIT Program**

Mondays, Wednesdays &  
Thursdays  
4:30-5:30 p.m.

#### H.I.T. FEES

	Members	Non Members
2 DAYS	\$305	\$342
3 DAYS	\$432	\$470

#### Jr. H.I.T. FEES

2 DAYS	\$205	\$235
3 DAYS	\$288	\$315

**Non-Members are welcome but  
Must Prepay in order to hold a  
spot. All classes limited to first  
(16)**

All participants must designate  
which days they will be attending.  
There will be no class the week of  
September 27<sup>th</sup>

## HIT APPLICATION

NAME: \_\_\_\_\_  
BIRTHDATE: \_\_\_\_\_  
RANKING: \_\_\_\_\_  
DIVISION: \_\_\_\_\_  
DAYS ATTENDING: \_\_\_\_\_  
CITY/ZIP: \_\_\_\_\_  
PHONE#: \_\_\_\_\_  
E-MAIL: \_\_\_\_\_  
CHECK#: \_\_\_\_\_ CLUB#: \_\_\_\_\_  
PRICE: \_\_\_\_\_

**NONMEMBERS MUST PAY PRIOR  
TO FIRST CLASS.**

**Please circle appropriate class:**

◆HIT Program

◆Jr. HIT Program

*Enrollment starts August 6<sup>th</sup> for  
members and August 13<sup>th</sup> for non-  
members. Players are encouraged  
to attend at least two classes a  
week.*

***Note: All rain make-ups  
will be made up after each  
session is completed.***

