

Gleneagle Golf Club

Yoga & Pilates

SCHEDULE

MONDAYS	8:00 am	YOGA
TUESDAYS	8:45 am	YOGA / PILATES
WEDNESDAYS	4:00 pm	YOGA
THURSDAYS	8:45 am	PILATES
FRIDAYS	8:00 am	YOGA

PRICING

PUNCH CARD:	12 classes for \$96.00
WALK INS:	\$12 per class

NOTES

Yoga classes will run for 75 minutes.

Pilates classes will run for 60 minutes.

Please be sure to bring your own yoga mat. Yoga blankets and blocks are optional.

Classes held in lower level of clubhouse.

POC: Troy Topper at 970-623-9393 or troyoga10@gmail